



NATIONAL SERVICE SCHEME UNIT
M.G.M DENTAL COLLEGE AND HOSPITAL,
KAMOTHE, NAVIMUMBAI.

World Health Day

Date:07/04/17

Venue: MGM Dental College & Hospital, Kamothé Navi Mumbai

The World Health Day is a global health awareness day celebrated every year on 7 April, under the sponsorship of the World Health Organization (WHO). On this World Health Day, the NSS Unit of MGMDCH aimed to mobilize action on depression based on the theme of 2017.

The team of NSS MGMDCH followed the WHO theme for 2017 'Depression – Lets Talk' and created awareness about -managing mental health care for all. More than 100 students participated in this event actively with enthusiasm. Depression is condition that affects people of all ages, from all walks of life. It impacts on people's ability to carry out everyday tasks, with consequences for families, friends, and even communities, workplaces, and health care systems. The NSS Unit

of MGMDCH created banners stating about importance of mental health along with anti-depression helpline numbers in India and conducted a rally for better understanding of depression – which can be prevented and treated, also to help reduce the stigma associated with the illness, and lead to more people seeking help.

Health is a ‘Human Right’. Mental health is as important as physical health and no storm will last forever. The NSS Unit of MGMDCH firmly believes that – Pain is real and so is the Hope. So, there’s never a reason to walk alone on the path and suffer in silence.

